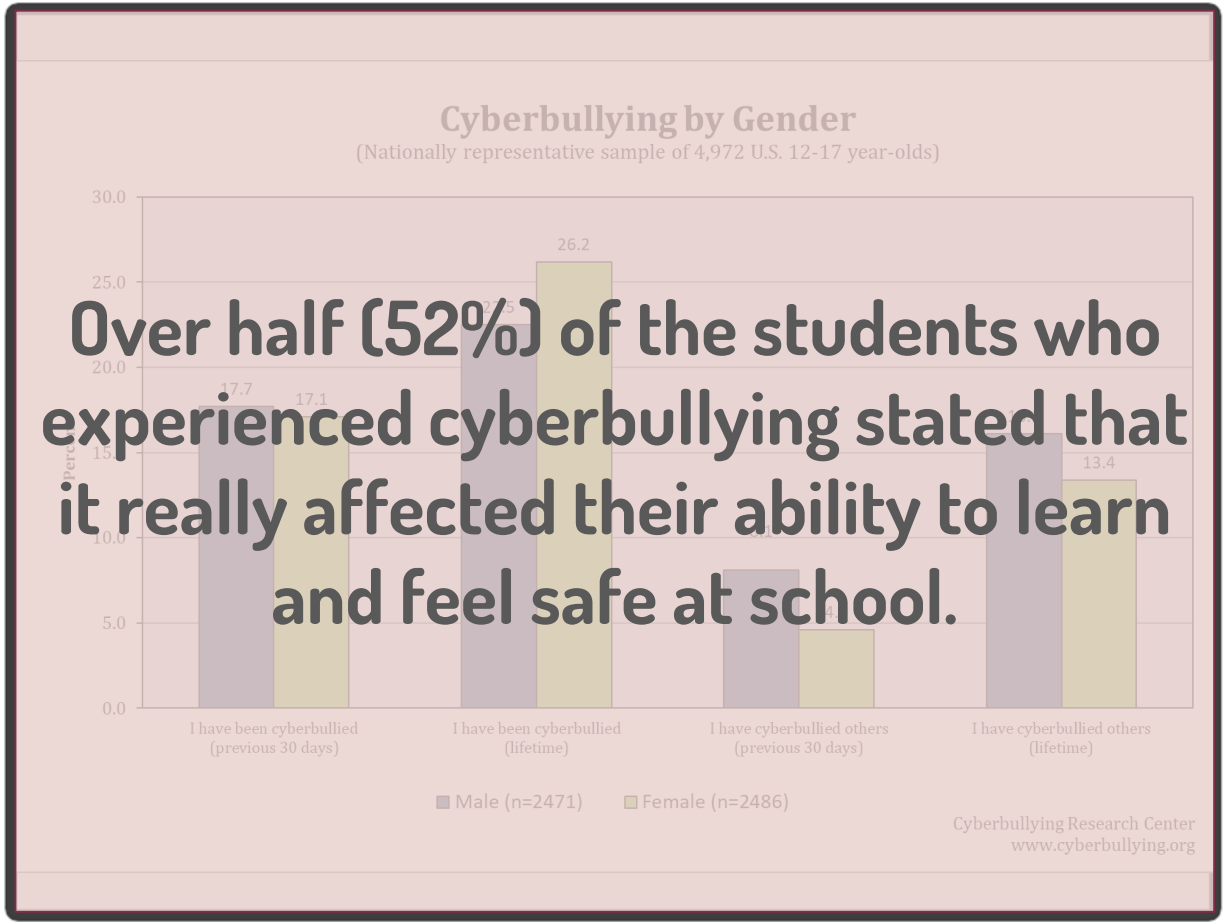
Teen Technology Misuse:

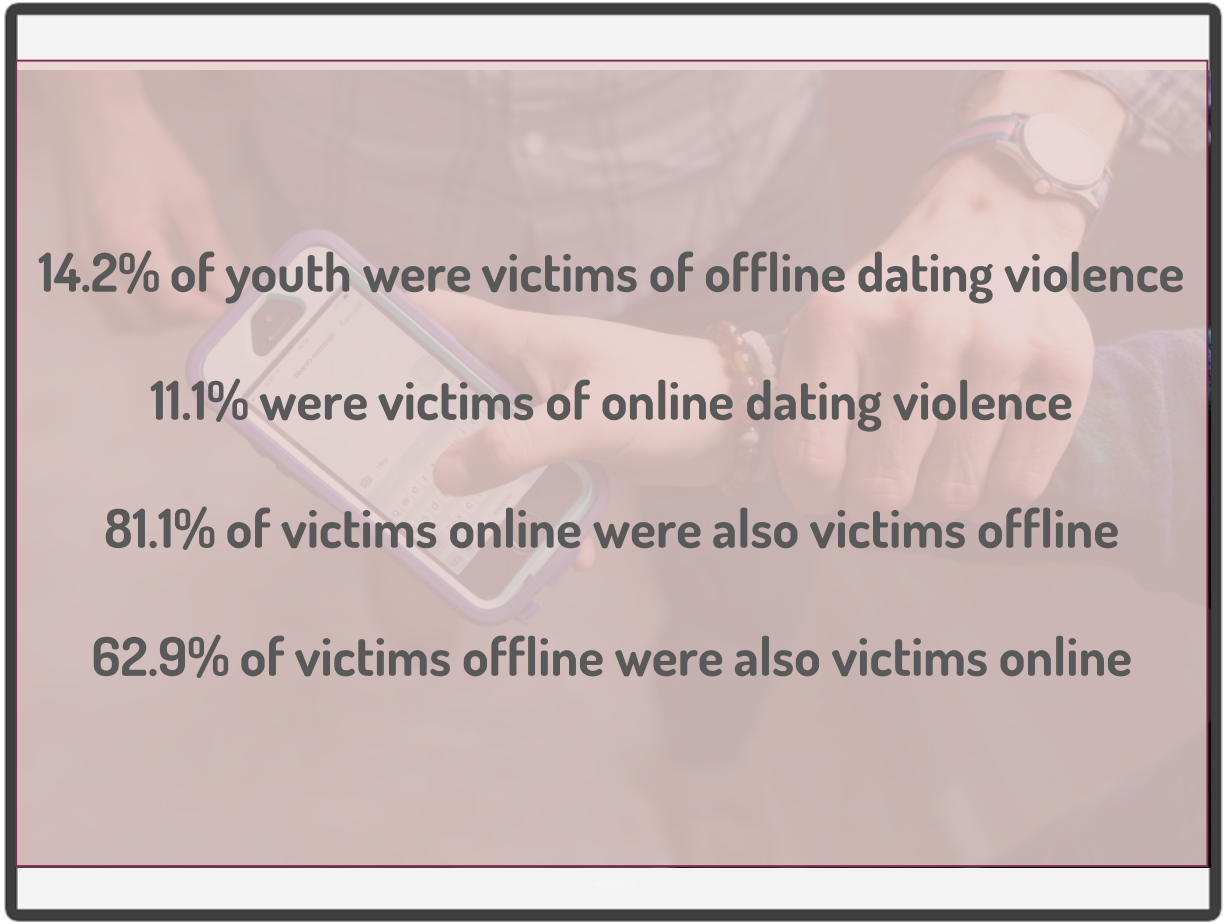
Best Practices in Prevention and Response

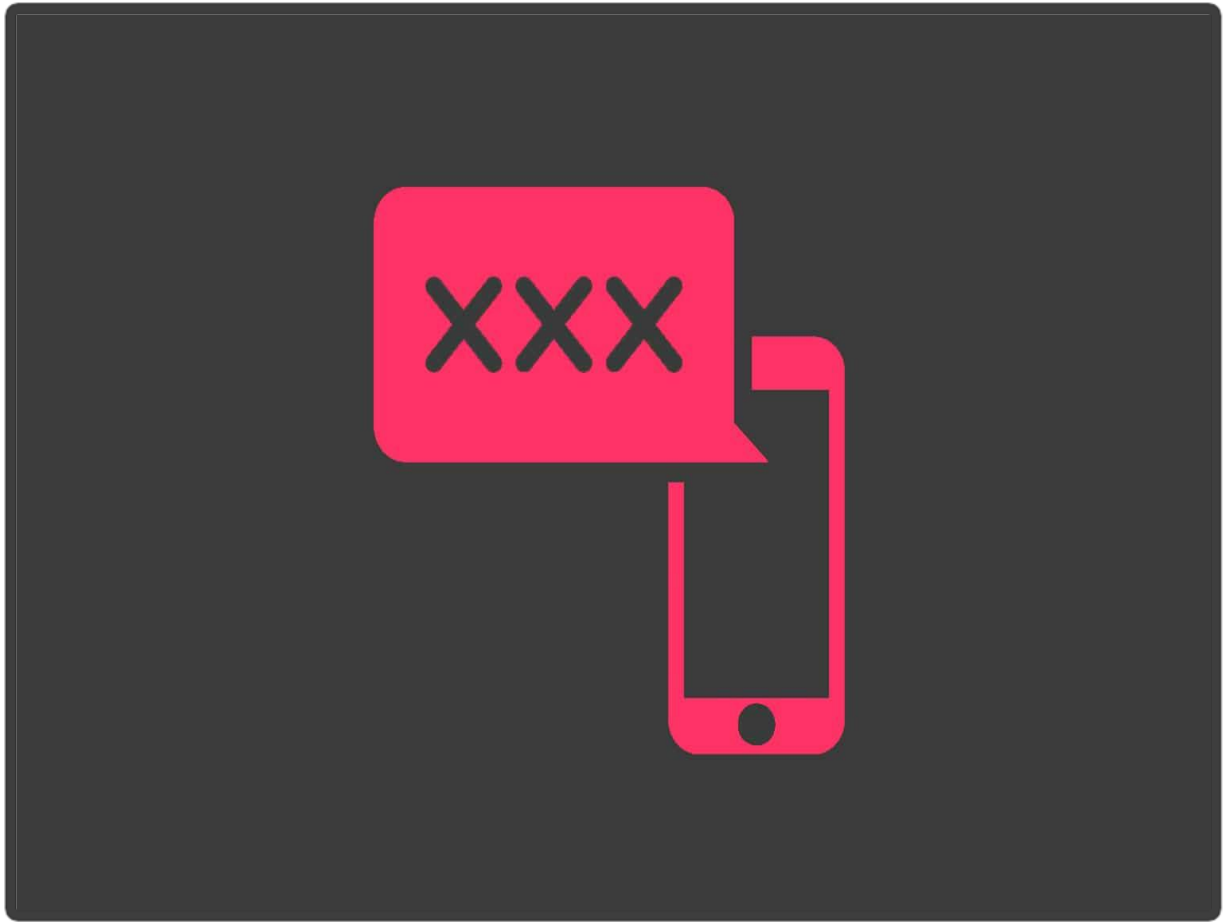
Association of Colorado Independent Schools
32nd Annual Leadership Conference
October 6-9, 2020

@hinduja



Over half (52%) of the students who experienced cyberbullying stated that it really affected their ability to learn and feel safe at school.


14.2% of youth were victims of offline dating violence
11.1% were victims of online dating violence
81.1% of victims online were also victims offline
62.9% of victims offline were also victims online


XXX

Sexting

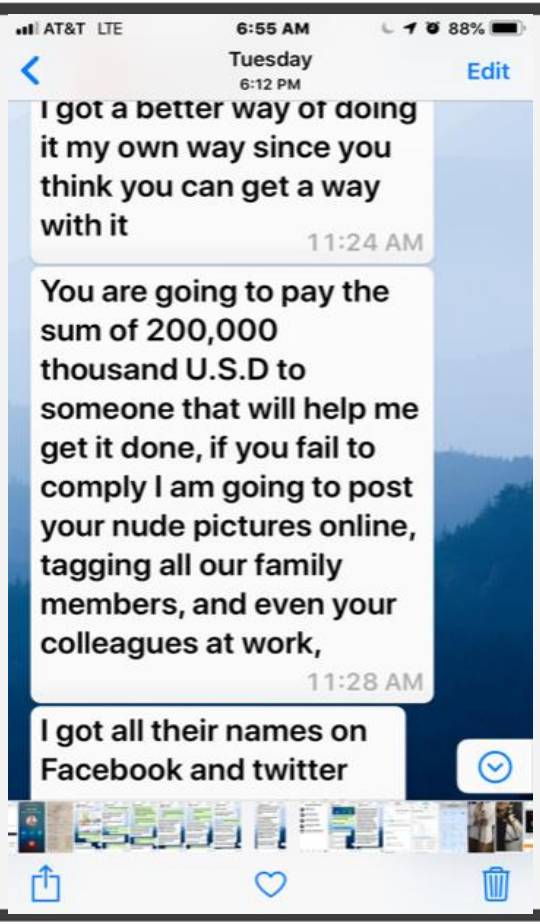
by the numbers

23.2% received a naked or semi-naked image of someone from school

14.3% sent a naked or semi-naked image of themselves to others

23.8% have been asked to send a naked or semi-naked image of themselves

11.3% asked someone else for a naked or semi-naked image of themselves


AT&T LTE
6:55 AM
88%
Tuesday
6:12 PM
Edit
I got a better way of doing it my own way since you think you can get a way with it
11:24 AM
You are going to pay the sum of 200,000 thousand U.S.D to someone that will help me get it done, if you fail to comply I am going to post your nude pictures online, tagging all our family members, and even your colleagues at work,
11:28 AM
I got all their names on Facebook and twitter

Sextortion Among Adolescents: Results From a National Survey of U.S. Youth

Sexual Abuse
1–25
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SAGE

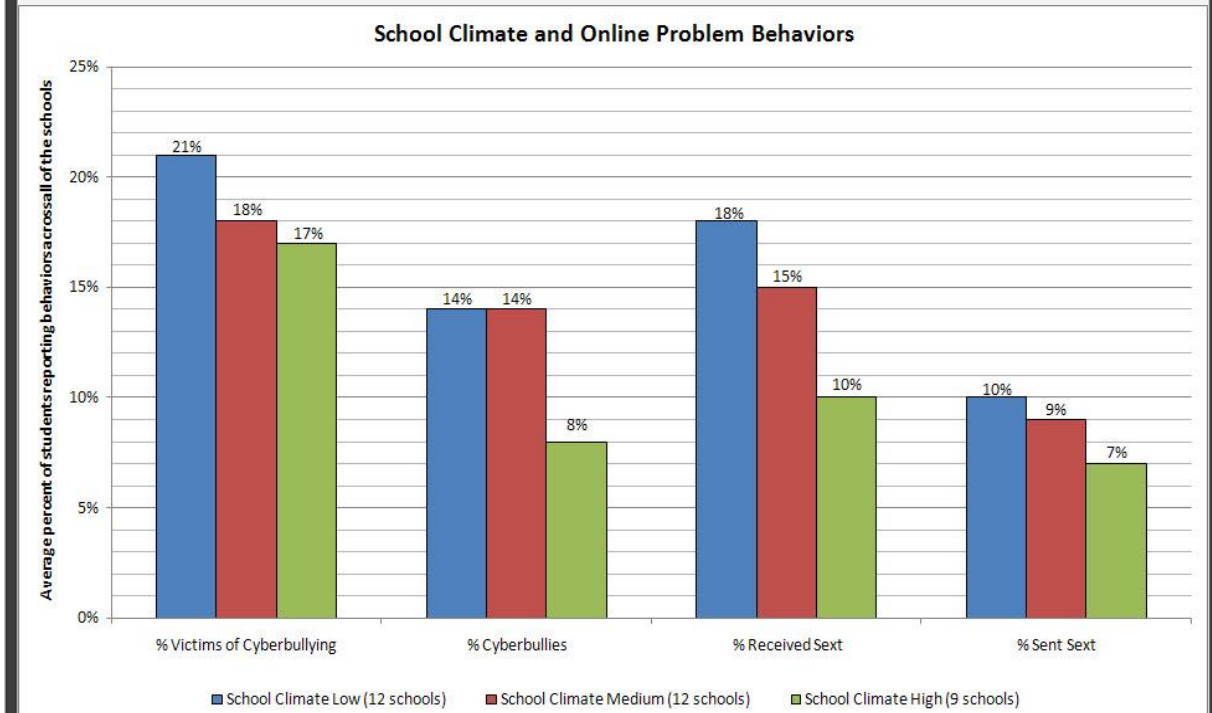
Justin W. Patchin[1] and Sameer Hinduja[2]

Sextortion Victims (2019):
5.9% of Males and 4.7% of Females

Abstract

Sextortion is the threatened dissemination of explicit, intimate, or embarrassing images of sexual nature without consent, usually for the purpose of procuring additional images, sexual acts, money, or something else. Despite increased public interest in this behavior, it has yet to be empirically examined among adolescents. The current study fills this gap by exploring the prevalence of sextortion behaviors among a nationally representative sample of 5,568 U.S. middle and high school students. Approximately 5% of students reported that they had been the victim of sextortion, while about 3% admitted to threatening others who had shared an image with them in confidence. Males and nonheterosexual youth were more likely to be targeted, and males were more likely to target others. Moreover, youth who threatened others with sextortion were more likely to have been victims themselves. Implications for future research, as well as the preventive role that youth-serving professionals can play, are discussed.

strengthensCOMMUNITIES
encouragesCREATIVErisktaking
POSITIVESCHOOLLEADERSHIP
increasesGRADUATIONrates
LEADERSHIP
POSITIVE
inspiresEDUCATORS
RESTORATIVEpractices
increasesSTUDENTachievement
sparksINNOVATION
SCHOOLCLIMATE
CULTURE
SCHOOL
RELATIONSHIPS
INCLUSIVEandCARING
increasesACADEMICachievement
WELCOMINGenvironment
SAFESCHOOLS
CLIMATE
culturallyRESPONSIVEpractices
POSITIVESCHOOLCULTURE
fostersSCHOOLconnectedness
improvesLEARNING
STRENGTHENScommunities



Note: low, medium, and high school climate scores are only relative to this particular sample.
On a scale that ranges from 0-3, the average score for each category was: low (1.55), medium (1.71), and high (1.90).

BURGER KING
BURGER KING BULLYING VIDEO
ONLY 12 PERCENT OF PEOPLE HELPED THE BOY
23 abc
SUNPOWER
HEADLINES
CURRENTS
BURBANK: HAZE
91°
6:19
59°

INTRODUCING

UPSTANDERS

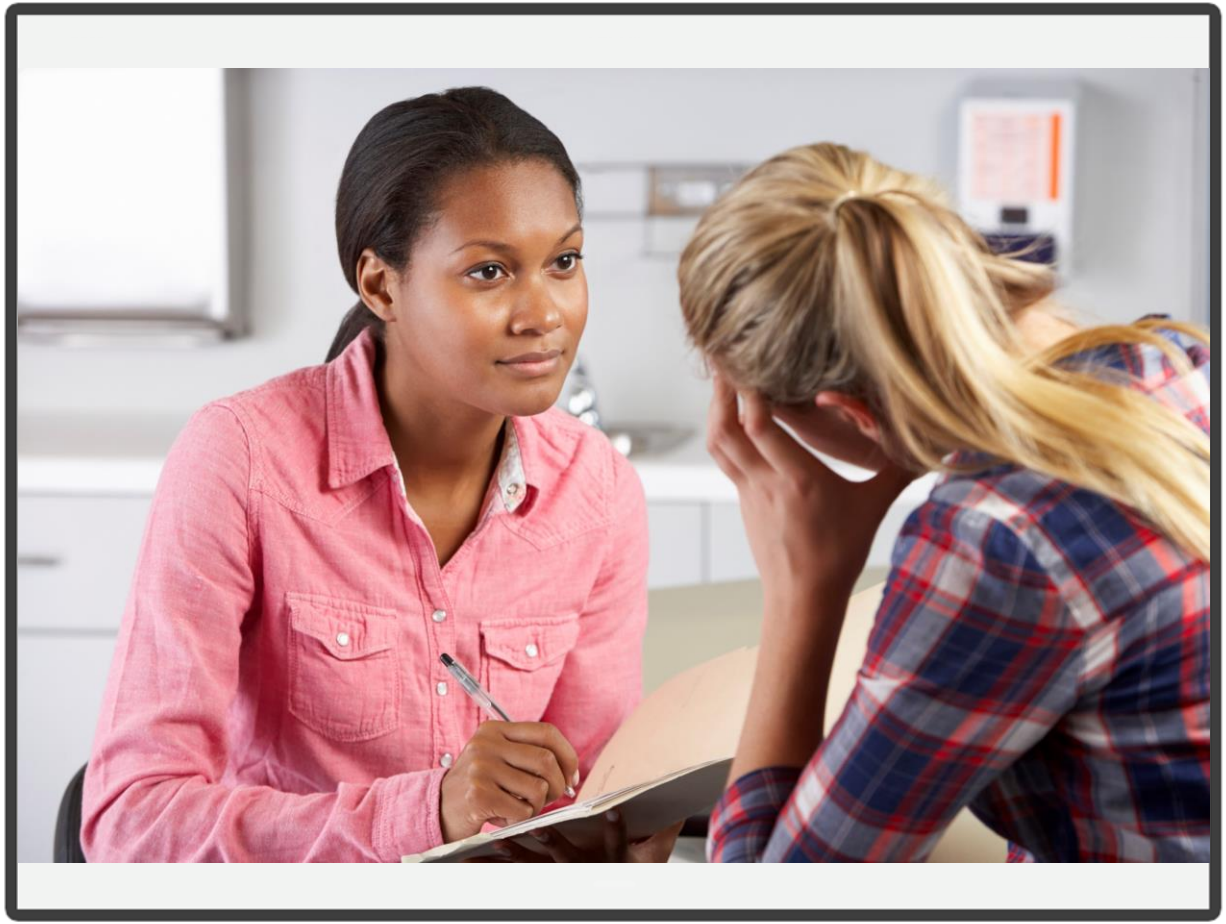
A STARBUCKS ORIGINAL SERIES

it takes
one

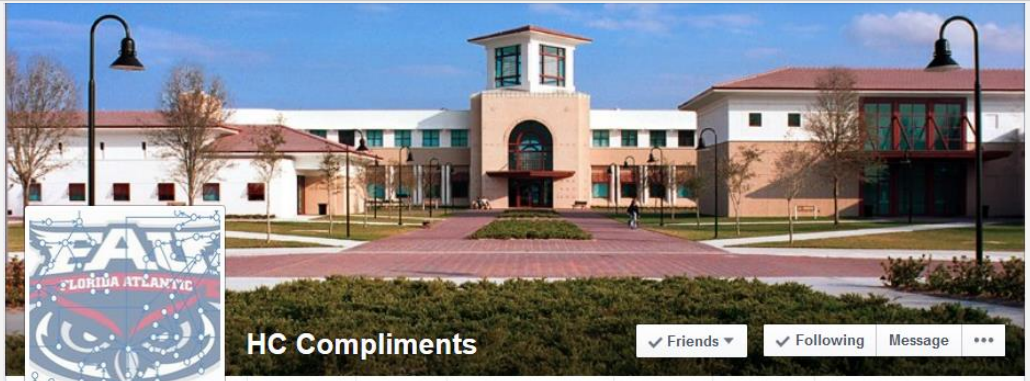
SEE
SOMETHING
SAY
SOMETHING

Super Sisters

DATE NIGHT
CHALLENGE
CONCIERGE



JONATHAN BURR
1621
West Wabansia
#CHOOSEKIND



HC Compliments

Friends ▾ | Following | Message | •••

Timeline | About | Friends 71 Mutual | Photos | More ▾

71 mutual friends including Euda Widnie Fils and Matt Sax

Studied at Harriet L. Wilkes Honors College of FAU

Lives in Jupiter, Florida

From Jupiter, Florida
Born on January 1, 1990 (25 years old)

•••

FRIENDS · 293 (71 Mutual)

HC Compliments
April 24, 2013 ·

Sameer Hinduja is the most authentic person I know. He genuinely cares about all of us, and when I talk to him I feel like he gives me 100 percent of his attention. He is a brilliant speaker, a great professor and an even better friend.

Unlike · Comment · Share

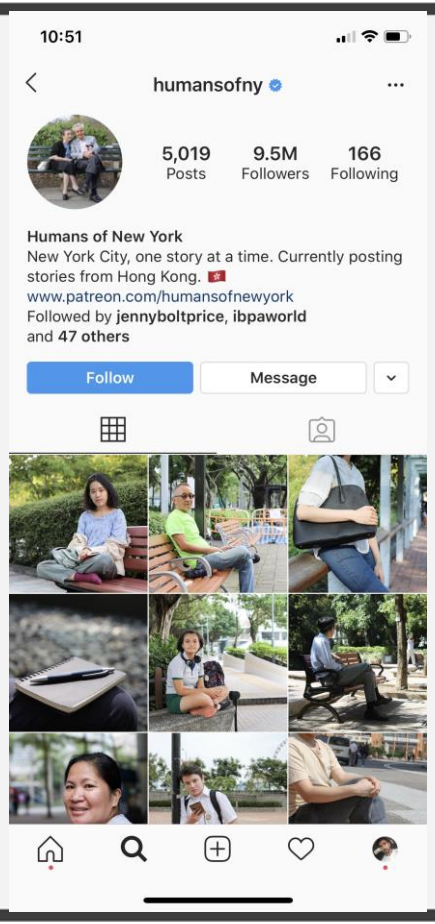
You, Babita Hinduja, Jenny Bolt Price, Joe Brittian and 25 others like this.

Zach Humphrey Extremely agree. Love you Sameer!
April 24, 2013 at 12:12am · Unlike · 2

Harrison Clyde Couldn't agree more
April 24, 2013 at 12:54am · Unlike · 2

Sameer Hinduja Wow, thanks so much!!! I was thinking I want to know who is behind this but then I decided I definitely don't want to ever find out
April 24, 2013 at 6:09pm · Like · 4

Write a comment...


10:51
humansofny
5,019
Posts
9.5M
Followers
166
Following
Humans of New York
New York City, one story at a time. Currently posting stories from Hong Kong.
www.patreon.com/humansofnewyork
Followed by jennyboltprice, ibpaworld
and 47 others
Follow
Message

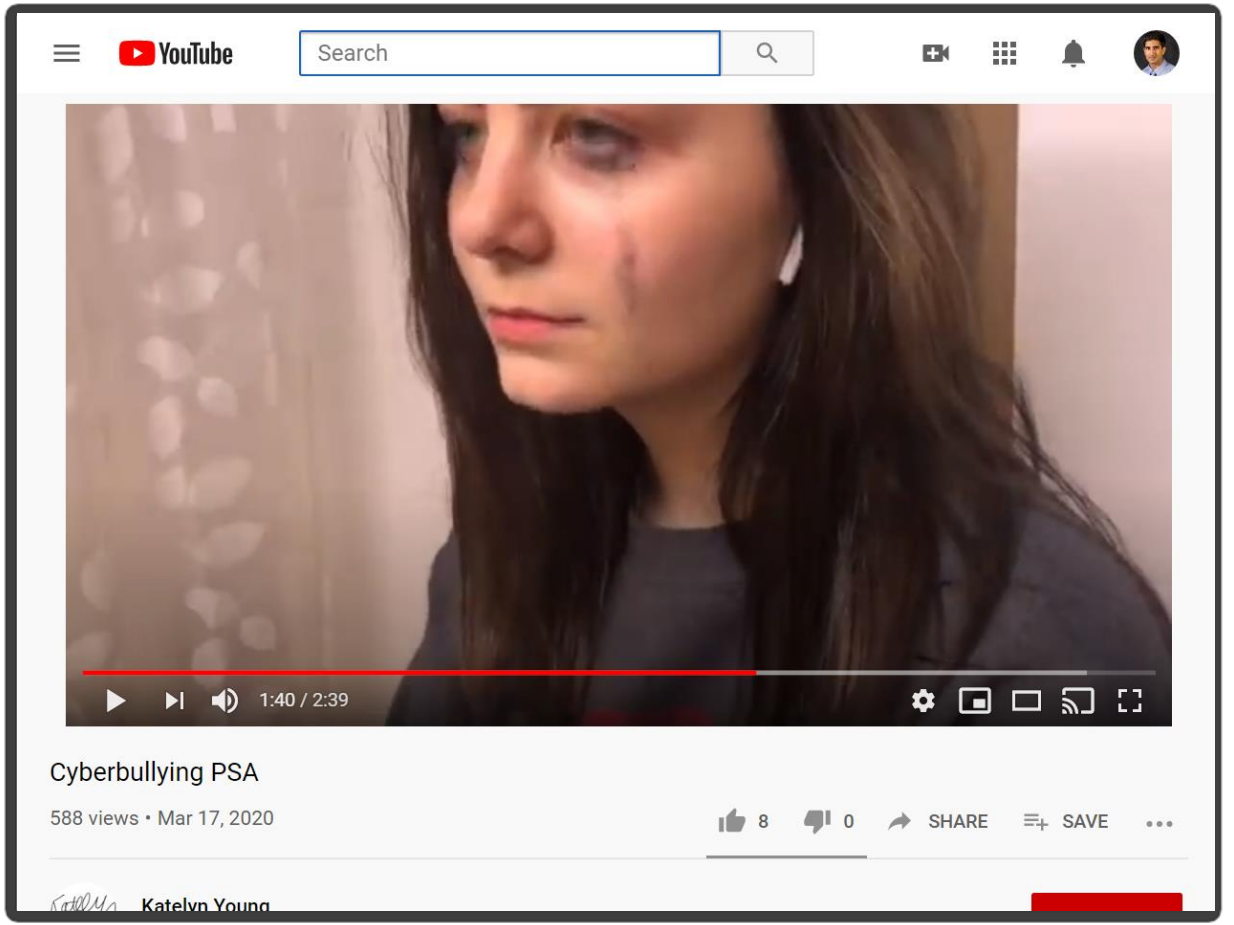
12:15

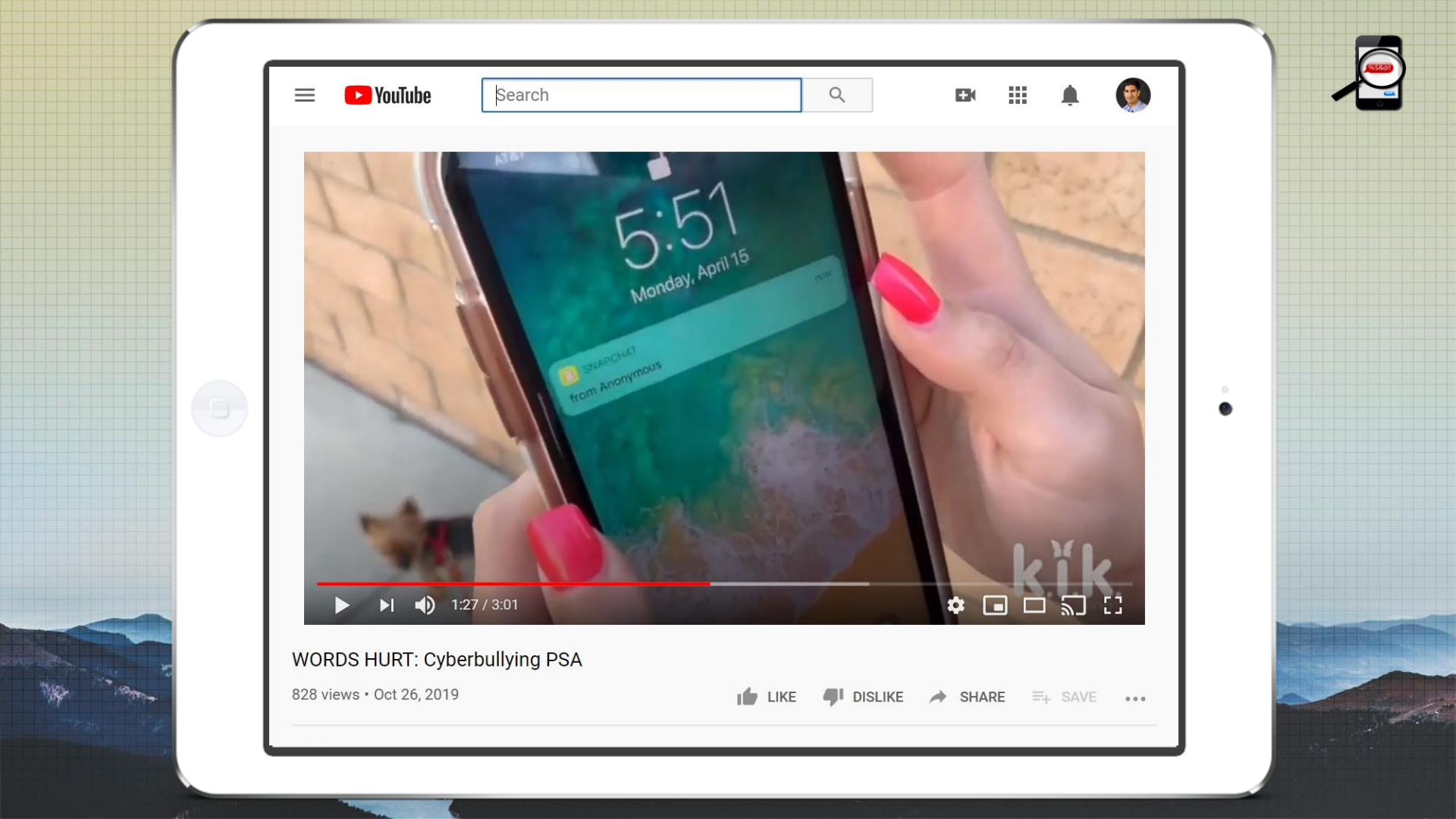
Posts

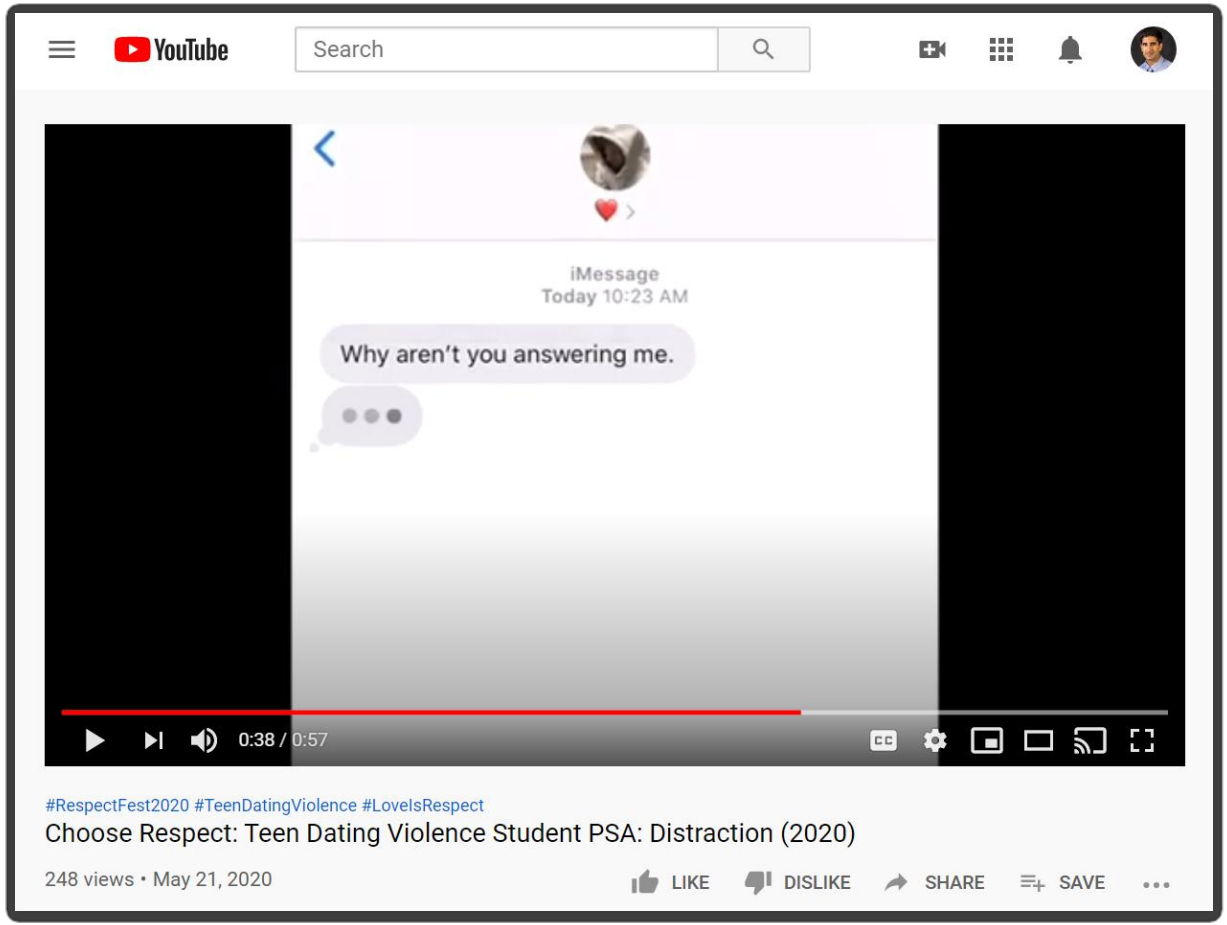
humansofmsd

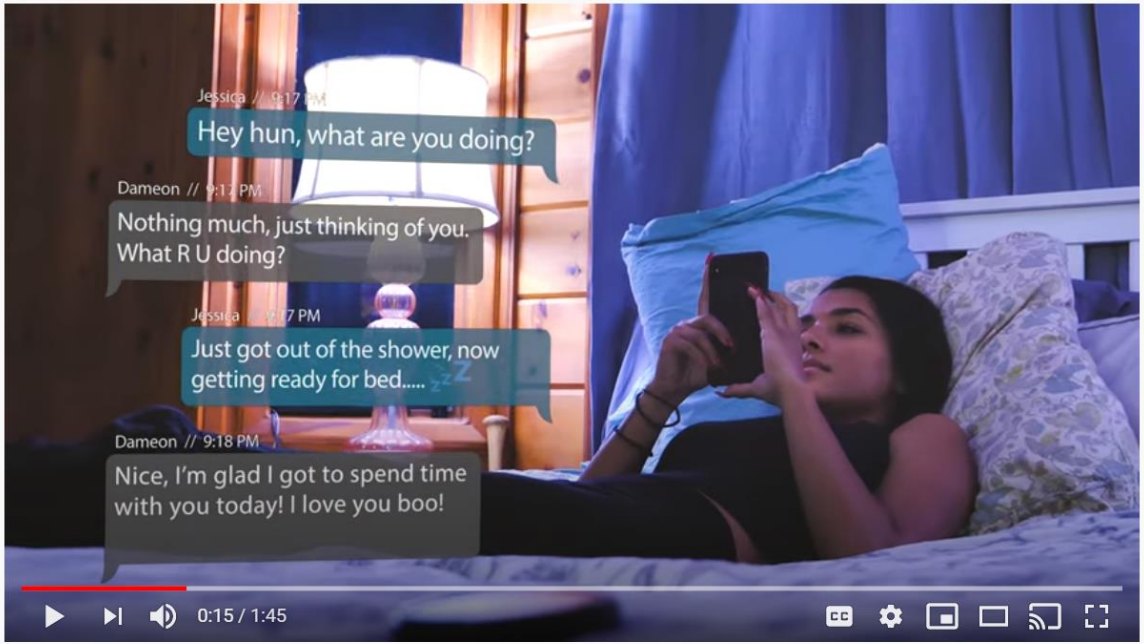
470 likes

humansofmsd (½)"It wasn't so much being cognitively aware that I was different, but intuitively knowing that I was different. Something just felt wrong. There were like three distinct moments I can remember: once was when I was in preschool and I remembered that something was off, once was when I was in elementary school—it was more so an intuitive feeling where there was a full array of emotions that I realized that I was not experiencing—


YouTube
Search
1:40 / 2:39
Cyberbullying PSA
588 views • Mar 17, 2020
8
0
SHARE
SAVE
Katelyn Young


YouTube
Search
5:51
Monday, April 15
SNAPCHAT
from Anonymous
kik
1:27 / 3:01
WORDS HURT: Cyberbullying PSA
828 views • Oct 26, 2019
LIKE
DISLIKE
SHARE
SAVE

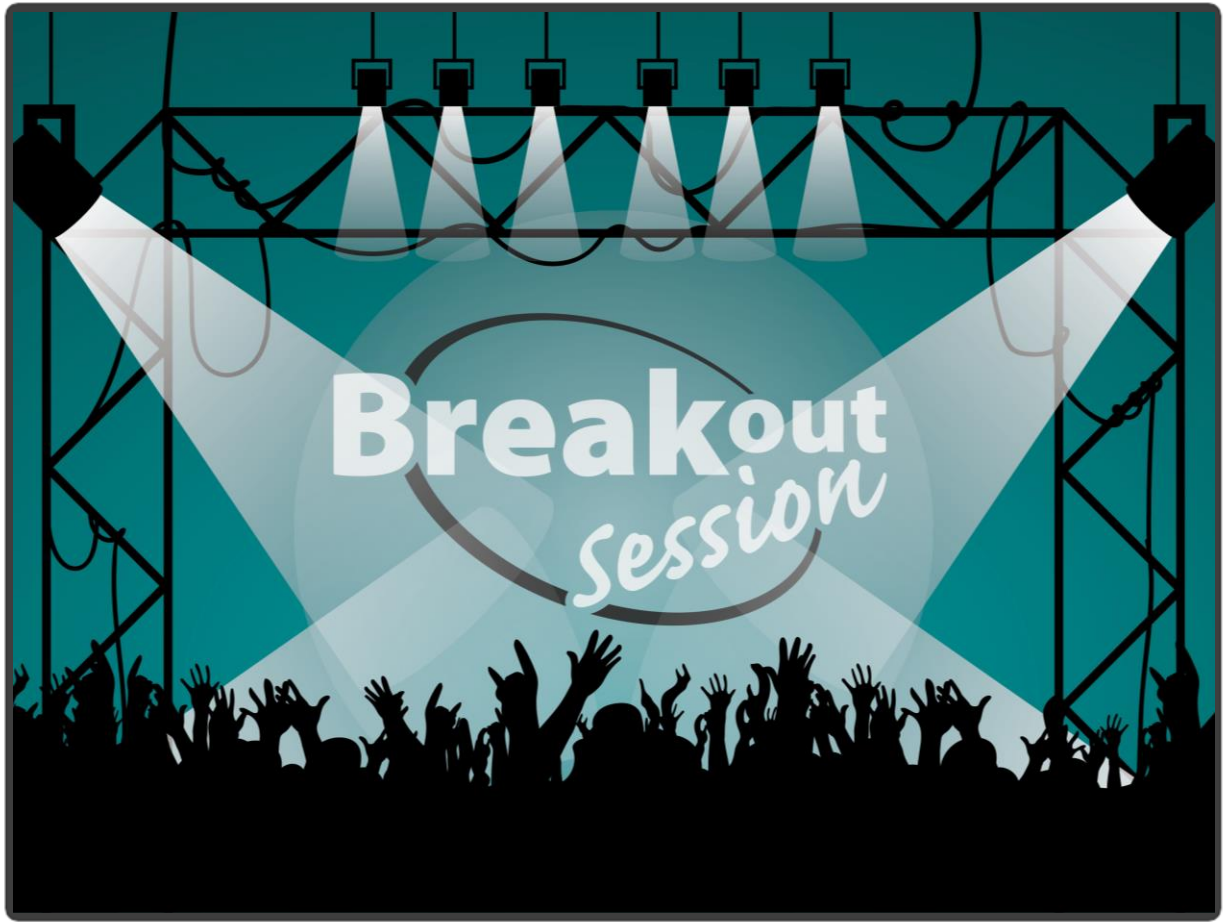

YouTube
Search
iMessage
Today 10:23 AM
Why aren't you answering me.
0:38 / 0:57
#RespectFest2020 #TeenDatingViolence #LoveIsRespect
Choose Respect: Teen Dating Violence Student PSA: Distraction (2020)
248 views • May 21, 2020
LIKE
DISLIKE
SHARE
SAVE

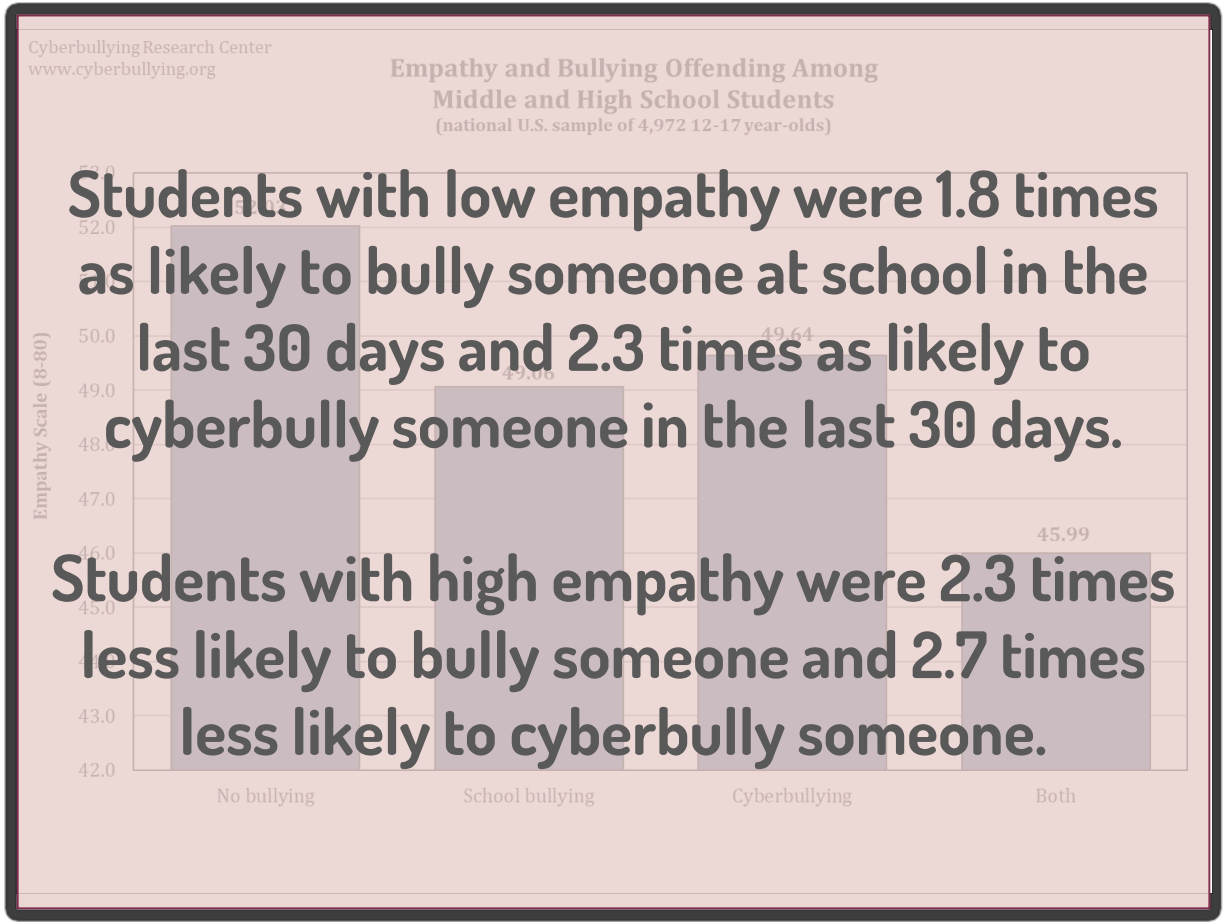


PSA: The Dangers of Sexting

2,883 views • Premiered Jan 27, 2020

22 0 SHARE SAVE


Breakout
session


Cyberbullying Research Center
www.cyberbullying.org
Empathy and Bullying Offending Among
Middle and High School Students
(national U.S. sample of 4,972 12-17 year-olds)
Empathy Scale (8-80)
52.0
50.0
49.0
47.0
46.0
45.0
43.0
42.0
49.64
45.99
No bullying
School bullying
Cyberbullying
Both
Students with low empathy were 1.8 times as likely to bully someone at school in the last 30 days and 2.3 times as likely to cyberbully someone in the last 30 days.
Students with high empathy were 2.3 times less likely to bully someone and 2.7 times less likely to cyberbully someone.

DANIEL TIGER'S NEIGHBORHOOD
Maya the Bee THE SERIES
Curious George
Wishenpoof
NETFLIX
TRUE AND THE RAINBOW KINGDOM
KID PRESIDENT
DECLARATION OF AWESOME
`black·ish
HOW TO DANCE IN OHIO
I AM Jazz
NETFLIX
degrassi NEXT CLASS
if you really knew me
EDGE of E18HTEEN
HUMANS OF NEW YORK
THE FOSTERS
FREAKS AND GEEKS
MY so-called LIFE
TRUE LIFE MTV

First Grade
DROPOUT
IVAN
THE REMARKABLE TRUE STORY OF THE SHOPPING MALL GORILLA
Otis and the Scarecrow
GOOD NEWS
BAD NEWS
DAD and the DINOSAUR
El Deafo
HUDSON and the PUPPY
LOST IN PARIS
TRUDY LUDWIG
The Invisible Boy
PATRICE BARTON
Charlotte's Web
E. B. White
Beverly Cleary
RAMONA THE PEST
mockingbird
(mok'ing-bird)
Kathryn Erskine
WONDER
the boy on the wooden box
Leon Leyson
SYMPTOMS OF BEING HUMAN
MELISSA DE LA CRUZ
Something in Between

Purposeful Acts of Kindness

A Month of Kindness

Planner and Log

Date	Purposeful Act of Kindness	Random Act of Kindness

No Act of Kindness, however small, is ever wasted. -Aesop

organized 31

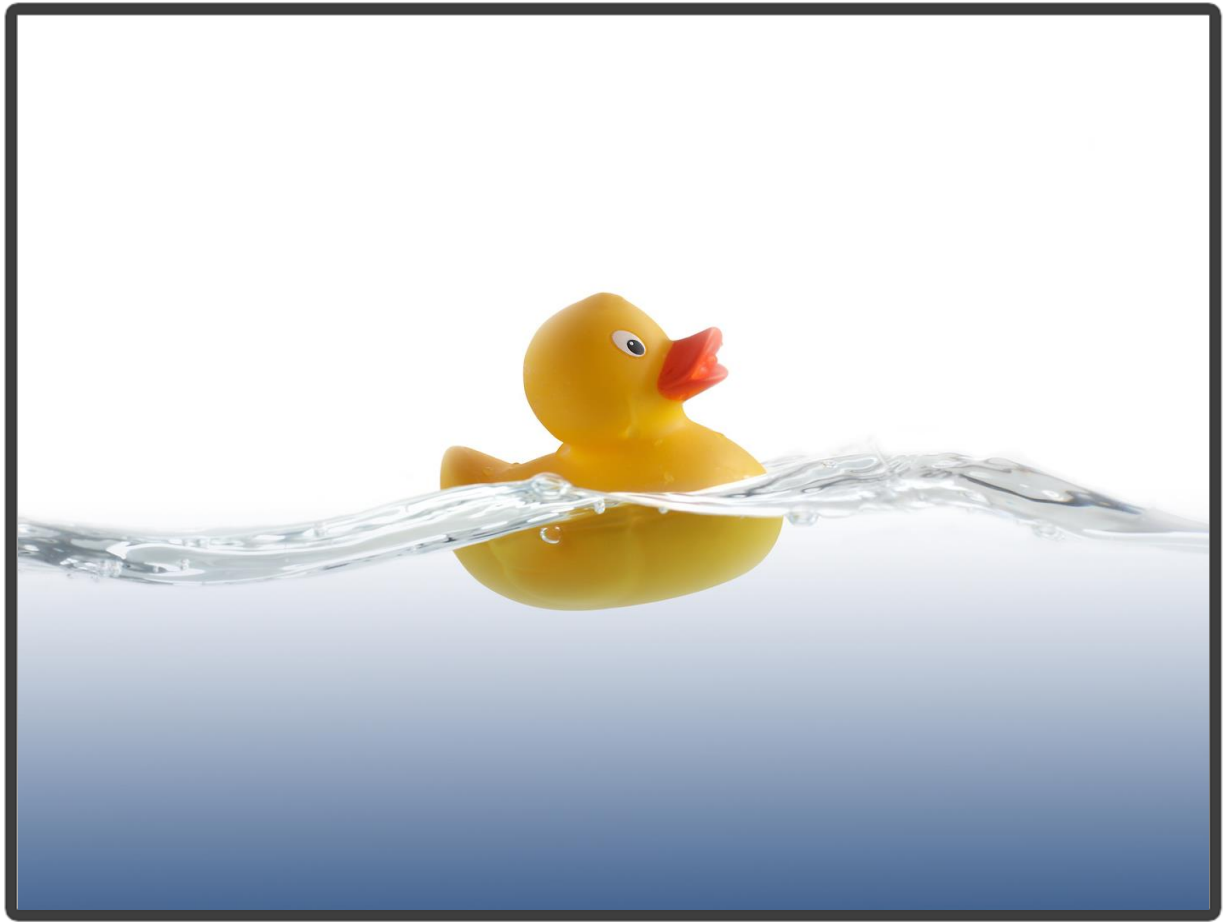
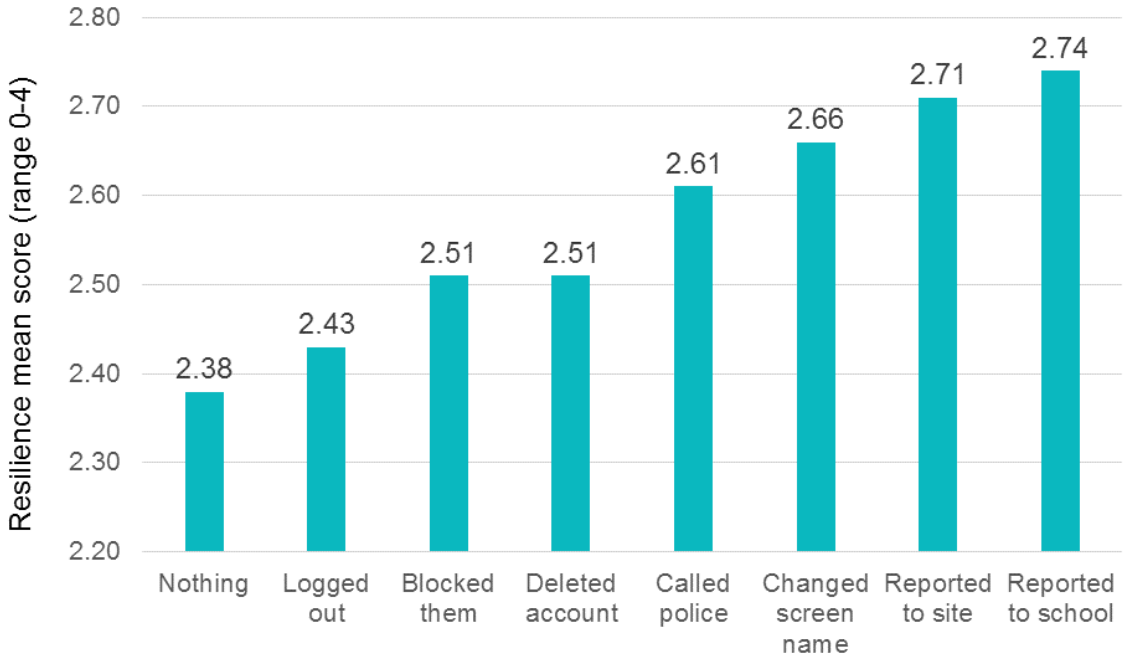
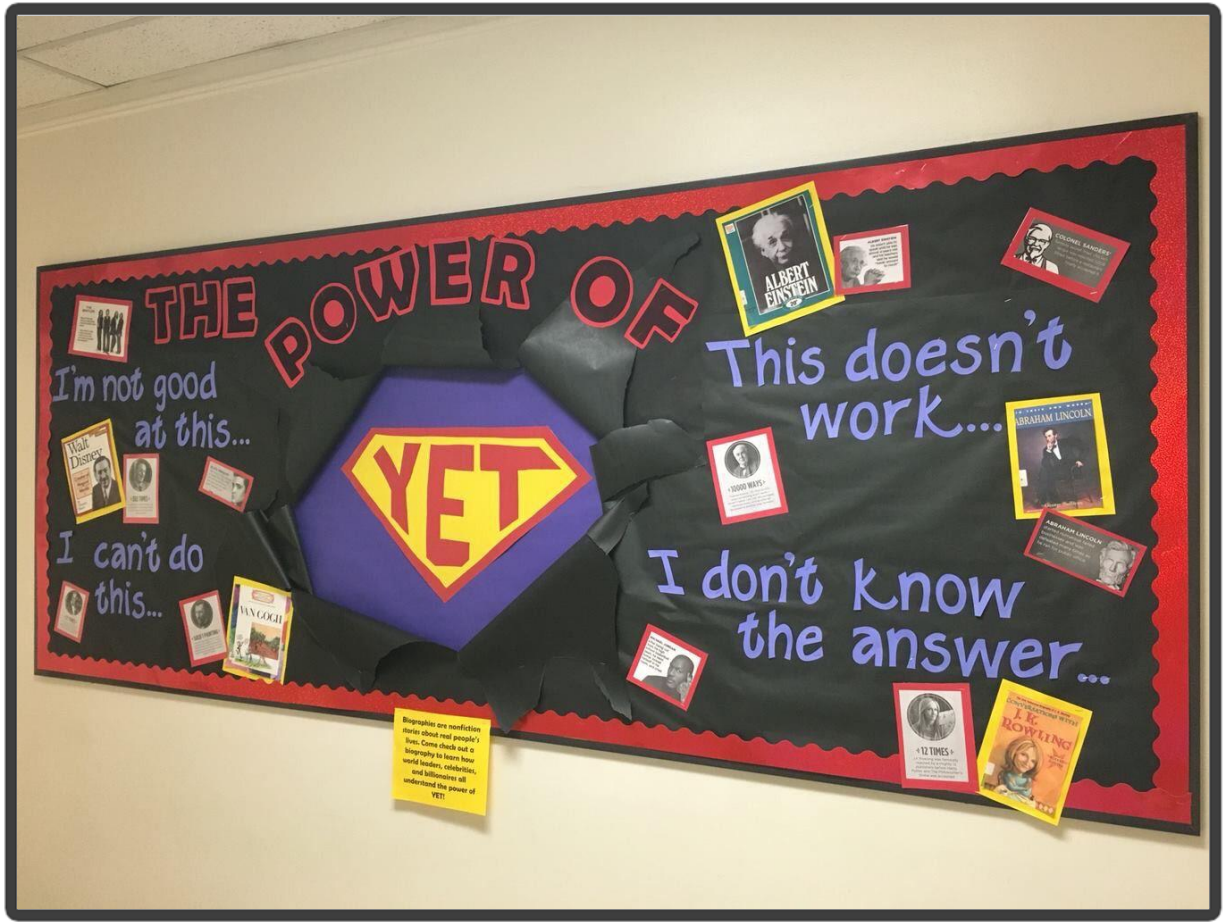


Chart 3: Cyberbullying and Prosocial Responses




THE POWER OF
YET
I'm not good at this...
I can't do this...
This doesn't work...
I don't know the answer...
ALBERT EINSTEIN
ABRAHAM LINCOLN
Walt Disney
VAN GOGH
Biographies are nonfiction stories about real people's lives. Come check out a biography to learn how world leaders, celebrities, and billionaires all understand the power of YET!

ADVERSITY

Photo

msroshlapuz

11 likes

msroshlapuz Girls just wanna have fun 👯👯
#slumberparty #girls❤️ #girlsrule #squad❤️

NSEQUENCES

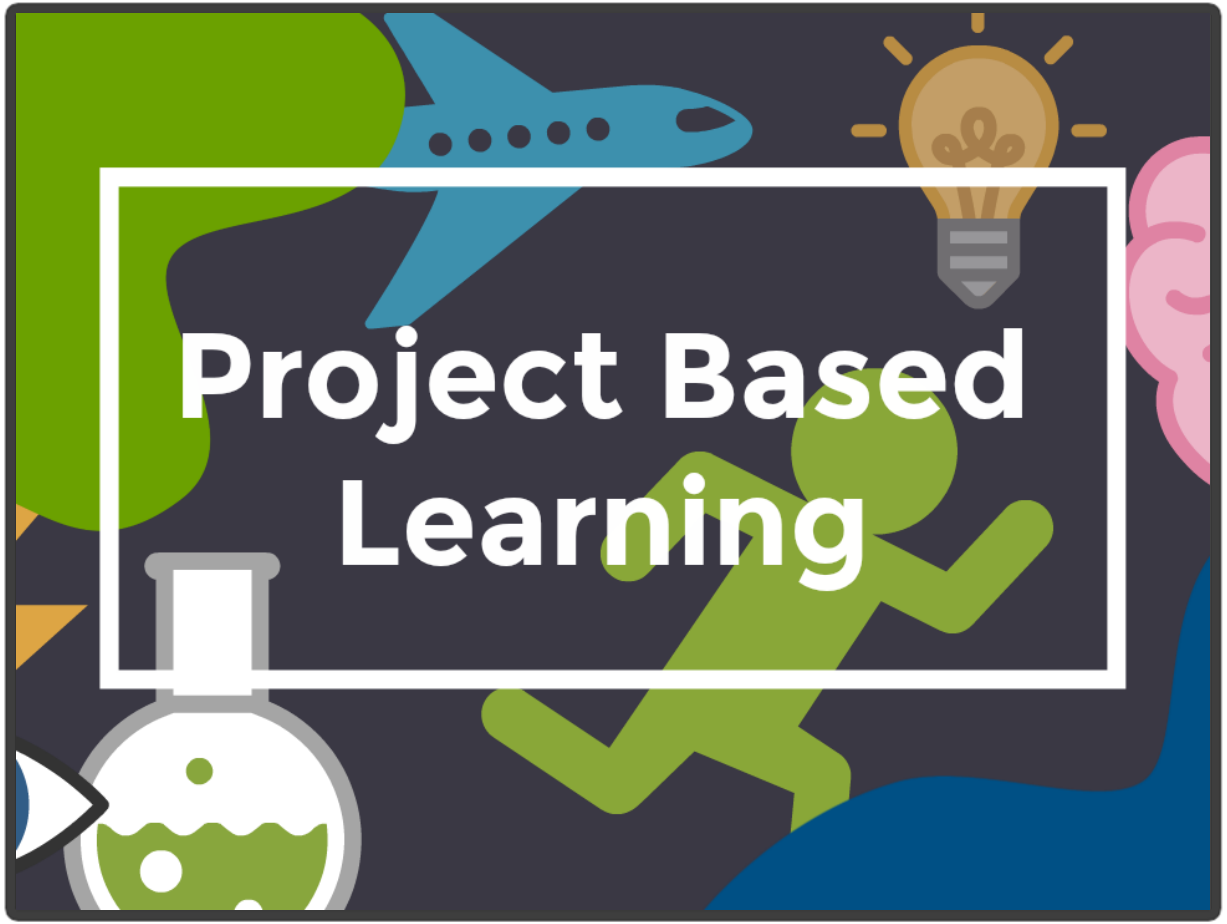
(Reivich & Shatte, 2002)

ERIC CARLE
The Tiny Seed
READY-TO-READ
CLICK, CLACK, MOO
Cows That Type
DAN SANTAT
AFTER
the
FALL
HOW HUMPTY DUMPTY GOT BACK UP AGAIN
The Curious Garden
PETER BROWN
A Perfectly MESSED-UP Story
PATRICK McDONNELL
EZRA JACK KEATS
WHISTLE FOR WILLIE
OF HUMAN BONDAGE
W. SOMERSET MAUGHAM
THE HUNGER GAMES
SUZANNE COLLINS
SORTA LIKE A ROCK STAR
out of my mind
SHARON M. DRAPER
ALLIE'S BASKETBALL DREAM
The Count of MONTE CRISTO
HATCHET
GARY PAULSEN
THREE-TIME NEWBERY HONOR AUTHOR
LINDA SUE PARK
A LONG WALK TO WATER
BASED ON A TRUE STORY
RITA WILLIAMS-GARCIA
author of Like Sisters on the Homefront
Fast Talk on a Slow Track
He thinks he has it down. He's wrong.
NANCY WERLIN
THE RULES OF SURVIVAL
whirligig
paul fleischman
UNBROKEN
An Olympian's Journey from Airman to Castaway to Captive
LAURA HILLENBRAND

FINDING NEMO
BABE
HOMEWARD BOUND
THE INCREDIBLE JOURNEY
MARCH OF THE PENGUINS
the RED BALLOON
STEVE CARELL
JENNIFER GARNER
ALEXANDER and the Terrible, Horrible, NO GOOD, VERY BAD DAY
OCTOBER 10
DIARY of a Wimpy Kid
RODRICK RULES
DOINK
PTOOO
FACING THE GIANTS
IRON WILL
Disney
QUEEN OF KATWE
PAPER PLANES
THE GREATEST SHOWMAN
SEAN CONNERY
FINDING FORRESTER
SANDRA BULLOCK
THE BLIND SIDE
THE WORLD'S UGLIEST WOMAN
KILLS WITH FIRE
DO EVERYONE A FAVOR AND JUST KILL YOURSELF
I AM FIGHTING BACK IN A DIFFERENT WAY
A BRAVE HEART
THE LIZZIE VELASQUEZ STORY
slumdog millionaire
TIM ROBBINS
MORGAN FREEMAN
THE SHAWSHANK REDEMPTION
CREED
THANKSGIVING

Once upon a time ....

JIMMY Kimmel LIVE!
NATIONAL
UnFriend
November 17
DAY


Project Based
Learning

Digital Citizenship Activities

Ten Ideas to Encourage Appropriate Technology Use Among Stud

Sameer Hinduja, Ph.D. and Justin W. Patchin, Ph.D.

1. VOICING YOUR OPINION. Ask your students what they think "digital citizenship" is, and how it should affect their attitudes a chance to voice their opinion, and many will grow in their understanding of what is right and wrong as they consider their peers' p verbalized and discussed. Go around the room until you think your class has communicated enough to demonstrate what they be conversation as a teachable moment to convey and reinforce the correct attitudes and actions, and take the time to work throug why they are not the best thing to do.

2. GOOGLE YOURSELF. Ask your students to use Google (or other search sites) to see what they can find about themselves. Have each student present in class what they found, and if any of the content they discovered was unsettling or alarming. Remind them that future employers, college admissions offices, and scholarship committees are increasingly looking, and will find that content and judge them by it. They need to deeply comprehend that their digital reputation can make or break them. There are plenty of cautionary tales online of teens just like them who are now dealing with tremendous regret, stress, headache, and heartache – ask your students to find some. Discuss how those teens could have done things differently to avoid such problems. Finally, encourage students to clean up their social media accounts and any other sites that may undermine others' perceptions of their character, integrity, and maturity.

3. BEING WISE WITH YOUR PHONE. We all know that some teens misuse their phones by taking sexually suggestive or explicit then send them to others. Despite the headlines, students often do not fully appreciate the consequences of that behavior. For e creating and distributing child pornography according to the formal letter of the law. Their images could go viral, and their reputa Sexting pics of minors also can end up circulating in child pornography rings. Get students to research the sexting laws in your st sexts sent privately between two people have become very, very public. Is it ever an okay idea to take and send these pictures or

4. STOP CYBERBULLYING. Cyberbullying remains a very relevant topic for teens. Most haven't been targeted, but many have s care about. They have probably heard about the suicides linked to bullying and cyberbullying in the media, and so they can conce to understand that the school won't tolerate it, there will be consequences, it may be illegal, that what is said in cyberspace can seriously messes up lives. Have your students write a two-page paper explaining what they are seeing happen among their peers spond to those who bully others (online or off), and what the school can and should do to prevent the problem from getting out o findings from their online searches about the extent of cyberbullying among teens, and be encouraged to share any personal sto

5. PROTECT YOUR PRIVACY AND BE CAUTIOUS OF ONLINE STRANGERS. Show YouTube videos depicting the dangers behi dents should know that they cannot trust everyone they meet, friend, or follow on social media. There are weird, creepy, and per grooming them and setting them up for harm behind what seems to be a harmless persona or social media profile. Students nee and who they trust. Those who have been kidnapped, sexually assaulted, or otherwise victimized probably never thought it would to understand that they should not take any chances when it comes to opening up themselves and their lives to those they really

6. DON'T OD ON TECHNOLOGY. It is an awesome privilege to be able to use the Internet at any time and from nearly any place, but there is such a thing as overdosing on technology. Too much time with their devices can affect a student's physical, psychological, and emotional well-being, and also compromise other areas of their lives. Help students to understand this, and determine if they need more balance. Get them to develop a creative way to know when "enough is enough." Challenge them to log off for a specified period of time each day (say, from 3-5pm) for a week, and then discuss how it went.

7. GIVE CREDIT WHERE CREDIT IS DUE. It's so easy to use pictures, videos, and text that students find on the Web or social media for their classwork, homework, and other projects outside of school. Many times, though, students are unknowingly engaging in copyright infringement and plagiarism. In addition, students often find and download movies, music, software, books without appropriately paying for them. This is illegal, and considered intellectual property theft or digital piracy. Have youth write an anonymous list of things they have done that might be illegal, and then collect them and read them out loud. As you go through them orally, take the time to discuss with everyone why certain actions are popular and easily rationalizable, but wrong. Spell out the consequences for getting caught, and brainstorm appropriate alternatives.

8. SHOW YOUR CREATIVITY. Similar to science fair projects in which many students are required to participate, run a Digital Citizenship Fair. Have youth tap into their creative side to construct a submission. These could involve posters that display a painting, drawing, digital creation, cartoon or comic, essay, poem, rap, photo, or anything else to raise awareness of a digital citizenship issue. See if you can make it a huge event that the entire school knows about, and give prizes and accolades to the best of the best!

9. DISCUSS SCENARIOS. Engage your students in a healthy dialogue and debate about specific examples of misuses of technology. After splitting students up into groups of 3-5 each, give each group one of the following scenarios:

a. Raj hides in a girls' bathroom stall at school, uses his phone to take pictures without their permission, and posts them on Instagram under an anonymous name.

b. LeBron hacks his teacher's school laptop so that when she clicks on an icon to load her PowerPoint presentation, it loads up a porn site in her web browser instead. The teacher lost his job for displaying pornographic images to minors.

c. Billy is at the movies when he sees his friend's girlfriend kissing another girl in the theater. Billy quickly takes out his phone, records a video of the two kissing, posts the video online on YouTube, and broadcasts a link to the video on Twitter.

d. Kyle is obsessed with Fortnite. Immediately upon returning home from school, he hops online and plays for hours on end. His only group of friends are those online who play with him, and are known as his "gang." One day, Kyle went on a rant while annoying all of his friends while playing with them in Playground mode. His friends got really upset, and threatened to kick him out of the gang. In the coming weeks, Kyle was continuously tormented and belittled by those friends which, again, are all he has.

e. Naveen is taking a test and needs help with two questions, and so he decides to text his best friend Matthew to have him search online for the correct answers.

f. Mei Ling really wants the new Drake album that just came out, but cannot afford it. So, she gets on BitTorrent and downloads it for free.

g. Angelina is jealous of her ex-boyfriend's new girlfriend, so she anonymously spreads a nasty rumor about her on Snapchat in hopes of him deciding to then break up with her.

Have each group analyze their situation and present their ideas for how to prevent and respond to the whole class.

10. PRODUCE PUBLIC SERVICE ANNOUNCEMENTS. Assign the students into groups so they can brainstorm and work with each other to create a public service announcement (PSA) video on digital citizenship. They can tackle any area; just make sure that students across your class choose a variety of subtopics. This video should be around 30-90 seconds in length. Build a contest into the assignment as well - that way the students will have an incentive to take this seriously while also having fun. When they are finished, watch them all as a group, commend and reward each participant in some way, and jointly discuss the "take home" points of each. Also consider sharing them across your school community with the help of the administration!

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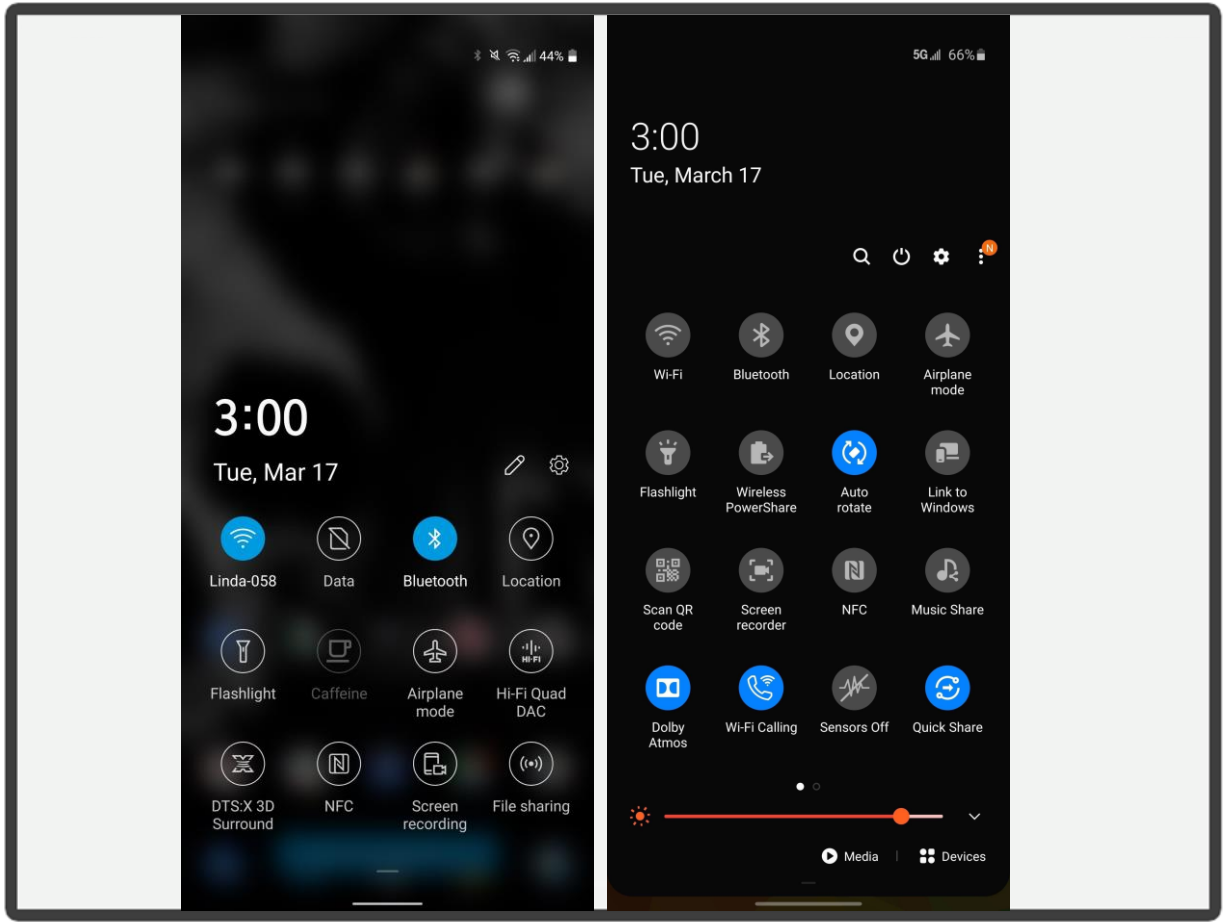
CYBERBULLYING RESEARCH CENTER

PALMER

Jenny Williams posted on Twitter that I better watch my back because she's sick of all the drama I cause, and I seriously think she's going to jump me after lunch tomorrow because everyone is talking about it and I'm a little freaked out
Me:
8:42 PM
Thanks, we will keep this confidential and make sure you are safe at all times at school. We will investigate the tweet as well, but you must provide both your twitter account and Jenny's. Please come see me when you get to school in the morning, as
Reply by text message
Send
Inbox
Dialer
Quick Dial
Settings

Screen Mirroring
Screen Recording
Start Recording
Microphone Audio
Off


44%
3:00
Tue, Mar 17
Linda-058
Data
Bluetooth
Location
Flashlight
Caffeine
Airplane mode
Hi-Fi Quad DAC
DTS:X 3D Surround
NFC
Screen recording
File sharing
5G 66%
3:00
Tue, March 17
Wi-Fi
Bluetooth
Location
Airplane mode
Flashlight
Wireless PowerShare
Auto rotate
Link to Windows
Scan QR code
Screen recorder
NFC
Music Share
Dolby Atmos
Wi-Fi Calling
Sensors Off
Quick Share
Media
Devices

Tie Efforts into Identity

Akin to promoting school spirit, esprit de corps

"This is just what we do around here"

"I shouldn't do that" ->
"I wouldn't do that"

"We are better than that"

Constant reminders of who we are, what we represent

CYBERBULLYING RESEARCH CENTER

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Coronavirus, Online Learning, Social Isolation, and Cyberbullying: How To Support Our Students

The coronavirus (COVID-19) has taken the world by storm and disrupted so many aspects of our lives. As an educator, I'm always thinking about how historical phenomenon might affect (in positive and negative ways) the personal and professional success of our students and this disease has me concerned on a number of levels. Obviously, ...